



HELPING OTHERS

**FEEL VALUED,
CARED-FOR,
AND UNDERSTOOD**



Humber Valley is a
Stephen Ministry
congregation.
This means our
members, adherents,
elders, pastoral care
team and ministerial
staff actively support the
invaluable work of our
Stephen Ministers.



Humber Valley
UNITED CHURCH

76 Anglesey Blvd.,
Etobicoke ON M9A 3C1
416-231-2263
www.hvuc.ca
stephenministries.org



There are many people
in our congregation and
community who are
going through a life
crisis and would

Benefit from a Stephen Minister.

The purpose of this
brochure is to encourage
you or someone you
know to explore whether
a Stephen Minister
might be appropriate.



Bear one another's
burdens and in this way
you will fulfill
the law of Christ.

Galatians 6:2



Stephen Ministers. Who are we?

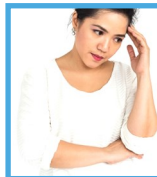
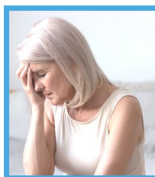
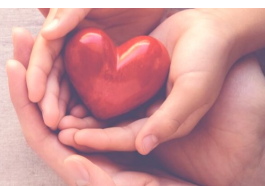
We are congregational members of Humber Valley United Church who have received special training to provide one-to-one, Christian, compassionate, confidential care to those experiencing a difficult time. This may include:

- ▶ The loss of a parent, spouse, sibling, child or other loved one
- ▶ A medical crisis, operation, injury or disability
- ▶ Marital or parental stress
- ▶ Loss of a job, job stress or financial challenges
- ▶ Transition to a senior's residence or assisted living facility

Whatever the reason, and whether it is you or someone you know experiencing a difficult time, we are here to help — to meet, listen and offer confidential, one-on-one Christian care.



STEPHEN
MINISTRY



**I am hurting, or
someone I know is
hurting, but I'm not
sure a Stephen
Minister is
appropriate.**

Your First Step

Most people who are experiencing life difficulties won't ask for help and don't know anything about Stephen Ministry. We get it. That is why we have a confidential process that will help in deciding whether a Stephen Minister is right for you or someone you know.

A Stephen Leader or a member of our HVUC Ministry will meet promptly with you to answer your questions and assess what kind of care you or someone you know needs, either a Stephen Minister or another type of care.

Speak with a Stephen Leader or a member of our Ministry team or submit the detachable panel.

**Yes, I would like to
explore further
whether I,
or someone I know,
may benefit from a
Stephen Minister.**

I understand the referral process is confidential. I have indicated below who I would like to contact me for a referral meeting.

[] **David Lang,**
HVUC Stephen Leader
416-605-2637

[] **Lynn Manning,**
HVUC Stephen Leader
647-893-8130

[] **Kate Brown,**
HVUC Director of
Inclusion and
Engagement
416-231-2263 ext. 41

[] **Any of the above**

My name

.....
My phone

.....
My email

.....

Detach this panel and deliver it personally to David Lang, Lynn Manning or Kate Brown.